



## 2008 Aquatic Therapy Spring Specialty Institutes

The Leading Source of Multidisciplinary Aquatic Therapy Education

ATRI Toll Free ~ 866-go2-ATRI (866-462-2874)

ATRI email: [atri@atri.org](mailto:atri@atri.org)

Go to [www.atri.org](http://www.atri.org) for full catalog

The following aquatic courses have been pre-approved by COPS-KT for .1 CEU per hour of lecture.

### **Thursday, September 4, 2008**

#### **Intro. to Aquatic Therapy and Rehab – 8 hours**

**7:30 am-4:30 pm (Sova)**

Classroom – 7:30-9:30 am

Pool – 9:30 am-12:30 pm

Lunch – 12:30-1:30 pm

Classroom – 1:30-4:30 pm

#### **Orthopedic Aquatic Rehab – 8 hours**

**7:30 am-4:30 pm (Mitchell)**

Classroom – 7:30-11:30 am

Lunch – 11:30 am-12:30 pm

Pool – 12:30-3:00 pm

Classroom – 3:00-4:30 pm

#### **Balance and Gait Toolbox – 8 hours**

**7:30 am-4:30 pm (Grosse)**

Classroom – 7:30-10:00 am

Pool – 10:00 am-12:00 pm

Lunch – 12:00-1:00 pm

Classroom – 1:00-3:00 pm

Pool – 3:00-4:30 pm

#### **Hydrodynamics – 90 minutes (Denomme)**

Pool – 6:00-7:30 pm

#### **Water Learning – 90 minutes (Grosse)**

Pool – 6:00-7:30 pm

### **Friday, September 5, 2008**

#### **Endurance Options – 3 hours (Denomme)**

Classroom – 8:00-9:30 am

Pool – 9:30-11:15 am

#### **Vertical/Seated Hip/Back Protocols – 3 hours (Sova)**

Pool – 8:00-9:30 am

Classroom – 9:30-11:15 am

#### **Pediatric Assessment – 3 hours (Grosse)**

Classroom – 8:00-9:30 am

Pool – 9:30-11:15 am

#### **Practical Aquatic Progressions – 3 hours (Denomme)**

Pool – 12:30-2:00 pm

Classroom – 2:00-3:45 pm

#### **PNF for Neuro Diagnoses – 3 hours (Mitchell)**

Classroom – 12:30-2:00 pm

Pool – 2:00-3:45 pm

#### **Ai Chi Balance/Trunk Stab. – 3 hours (Sova)**

Pool – 12:30-2:00 pm

Classroom – 2:00-3:45 pm

### **Friday, September 5, 2008 (continued)**

#### **Will It Work for You? – 1.5 hours (Multiple)**

Pool – 4:00-5:30 pm

### **Saturday, September 6, 2008**

#### **Pool Tools – 3 hours (Mitchell)**

Classroom – 8:00-9:30 am

Pool – 9:30-11:15 am

#### **ROM/Core Training Concepts – 3 hours (Denomme)**

Classroom – 8:00-9:30 am

Pool – 9:30-11:15 am

#### **Balance/Pain Treatment Tech. – 3 hours (Sova)**

Pool – 8:00-9:30 am

Classroom – 9:30-11:15 am

#### **Core Work for Hip/Back Function – 3 hrs (Denomme)**

Classroom – 2:00-3:30 pm

Pool – 3:30-5:15 pm

#### **Therapeutic Aquatics for Children – 3 hrs (Grosse)**

Classroom – 2:00-3:30 pm

Pool – 3:30-5:15 pm

#### **Rehabdominals – 3 hours (Mitchell)**

Pool – 2:00-3:30 pm

Classroom – 3:30-5:15 pm

### **Sunday, September 7, 2008**

#### **Supine Shoulder Rehab – 3 hours (Mitchell)**

Pool – 8:30-10:00 am

Classroom – 10:00-11:45 am

#### **BackHab II – 3 hours (Sova)**

Pool – 8:30-10:00 am

Classroom – 10:00-11:45 am

#### **Halliwick: Obese Application – 3 hours (Grosse)**

Classroom – 8:30-10:00 am

Pool – 10:00-11:45 am